

Retreat Weekend

Alnmouth Friary

Northumberland NE66 3NJ

10th – 12th July 2026



Weekend Timetable

Friday 10th July

4pm-5pm	Arrivals
4.30pm	Tea in the hall
5pm	Evening Prayer
6pm	Supper
7pm-8:30pm	Group Session 1
9pm	Compline
	Silence begins after Compline



Saturday 11th July

7am	Morning Prayer
8am	Breakfast (until 8.45am when silence ends)
9am-11am	Group Session 2
12 noon	Midday Prayer
12:15pm	Mass
1pm	Lunch
1:30pm-5pm	Free time
4.30pm	Tea in the hall
5pm	Evening Prayer
6pm	Supper
7pm-8:30pm	Group Session 3
9pm	Compline
	Silence begins after Compline



Sunday 12th July

8am	Morning Prayer
8:30am	Sung Mass (Silence ends at Mass)
9:30am	Breakfast
11am-12pm	Group Session 4
12.30pm	Midday Prayer
1pm	Lunch
2pm	Leave for home

Cost is £135pp including accommodation and all meals.

Please arrange lifts to get there, or take the train to Alnmouth and lifts can be arranged from there to the Friary.

Deposit £30pp.

There are 7 single rooms and 3 twin rooms available.